FORM 4	4
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Re Carle Vanessa	I	2. Issuer Name and Ticker or Trading Symbol Lexaria Bioscience Corp. [LEXX]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
100 - 740 MCCURDY	(First) ROAD		3. Date of Earliest Transaction (Month/Day/Year) 08/29/2022						X_Officer (give title below) Other (specify below) Secretary			
KELOWNA, A1 V1X	4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Yea)			Execution Date, if any	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)		Beneficial	
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	X Z	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
common shares									67	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	Execution Date, if	Code		5. Number of Derivative Securities		(Month/Day/Year)		1		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Warrants	\$ 36							11/13/2019	11/13/2024	Common Shares	67		67	D	
Stock Options	\$ 5.31							04/26/2021	04/26/2026	Common Shares	12,500		12,567	D	
Stock Options	\$ 7.08							06/08/2021	06/08/2026	Common Shares	5,000		17,567	D	
Stock Options	\$ 6.23							09/01/2021	09/01/2026	Common Shares	10,000		27,567	D	
Stock Options	\$ 2.91	08/29/2022		А		12,500		08/29/2022	08/29/2027	Common Shares	12,500	\$ 0	40,067	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Carle Vanessa 100 - 740 MCCURDY ROAD KELOWNA, A1 V1X 2P7			Secretary					

Signatures

/Vanessa Carle/	08/29/2022
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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